



Newsletter for Friends of The Most #8 July 2016

Taranaki's Alternative Music Station 100.4/88.3 The Most FM

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Welcome to Wireless

Wireless is the newsletter for Friends of The Most. Friendship is free but please continue to support The Most FM financially by donating through the Give a Little link.

We at Wireless bring you a bi-monthly feast of all the news here at The Most FM, Taranaki's independent, alternative music station. You can find us on 100.4 around Taranaki, 88.3 in Oakura and **check out our HQ live stream** at mostfm.com if you're anywhere else on the planet.

Tell us what you think! friends@mostfm.com

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We love new music

New music is a staple of The Most. Graham Donlon, host of the Juffermans Surveyors Music Without Frontiers show (Sundays 10am to 1pm), has been playing a five-CD collection called Day of the Dead. It is a tribute to the Grateful Dead and is produced by Red Hot, a not-for-profit organisation dedicated to fighting HIV/AIDS through pop culture. It features a whole bunch of artists giving their own take on the American band's music. Listen out for the likes of The National, Lucinda Williams, Mumford & Sons, Kurt Vile, Unknown Mortal Orchestra and dozens more. "That's the one that's been obsessing me mostly," Graham says.

But he's also been listening to Mexrrissey – No Manchester. "They are doing Morrissey songs and giving them a Tex-Mex slant. It's really quirky and quite lovely." His third recommendation is Every Orchid Offering by Kiwi artist Andrew Keoghan. "He has a semi-androgynous voice and there's some wonderful tunes. I think it will be quite an important New Zealand album," Graham says.

The New Zealand On Air Kiwiana show, hosted by Warren Smart, airs some of the latest home-grown music each week from 8pm to 10pm. His top songs are Brown Girl by Aaradhna, 99.9% by Streets of Laredo and Buried by the Burden by Pacific Heights, featuring Louis Baker.

You can also hear the NZ On Air Making Tracks segment at 8.15am each week day with Jack Irving to catch up on new Kiwi music coming through the station. For a whole hour of new music, listen to the WITT Fresh Tunes show every Friday from 2pm to 3pm.



Aaradhna

Eclectic music from Down Under

In his home studio in Auckland, Paul Lightfoot straddles the Tasman. The guitarist, song writer and business development manager is the host of Eclectique, a show featuring music from New Zealand and Australia. It goes to air on 100.4 The Most FM every Saturday from 5pm to 6pm.

The day the Wireless caught up with him at the Ozone Bean Store, Paul was feeling nervous. Normally he pre-records his shows and sends them down to Taranaki, but on this day in May, he was facing his first live show.

Over coffee, he says he came to New Zealand from North Wales in 1974 when the Bay City Rollers were No 1 with Shang-A-Lang.

“The first New Zealand song I heard was Alastair Riddell with Space Waltz, Out on the Street. Then I got into Hello Sailor big time.”

For Eclectique, Paul not only plays music from each nation, he also tries to interview an artist once a month. One of his greatest times, was spending one-and-a-half

hours with Graham Brazier, who died in September last year. He's also interviewed Steve Kilbey, lead singer of Aussie band The Church, Rob Hirst, Midnight Oil drummer and songwriter, and Kiwi singer-songwriter Greg Johnson.

He tries to keep his show fresh, by playing a mixture of classic and new releases, but he does have his favourites. "I often start off with The Church because they have such good opening songs that build up for anywhere from four to six minutes."

As a guitarist, he favours songs featuring that instrument. He's also played live. A lot. He has played in bands like The Mockers and The Royales. With the latter, he performed in Taranaki many times. He lists pub venues including the Ngamotu Tavern, Westown Hotel, Bell Block Hotel, the White Hart as regular haunts for The Royales. In the early 1980s, they also played the Spotswood College ball and the Waitara High School ball, but says the best gig ever was at the Kaponga Backgammon Club.

"New Plymouth was the best town for women; to get girlfriends from my band days. It was very much a rock chick town."

As well as making the weekly show, which goes to other stations, but plays on The Most first, Paul writes music with Steve Laffan, a fellow band member from The Royales. "Steve writes the words, basic chords and I do the rest."

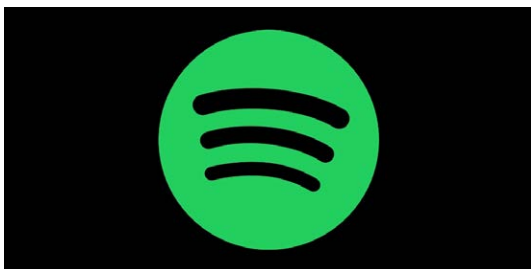
Paul also makes unofficial music videos for bands, including four, so far, for The Church.

Eclectique features classic and new releases from New Zealand and Australia and Paul says he will be visiting New Plymouth again soon to do another "live" version of the show.



Paul Lightfoot, Eclectique New Zealand and Australia, Saturdays 5pm - 6pm

New feature: Most FM volunteer Spotify playlist - July



Each month or so, Most FM volunteers nominate their favourite tracks of the moment. You can [check this playlist out here](#).

Dosas to die for

Kathakali south Indian restaurant is dedicated to supporting the community – and its loyal customers.

That's why owners Sree Nair and Manual Jacob sponsor The Waxing Lyrical Show, which airs from 7pm to 8pm each Monday.

"We like to be part of the community and the main thing is you were there," Sree tells show co-host Virginia Winder, who is a dosa devotee.

The restaurant, which specialises in food from the southern Indian state of Kerala, has been open for four years at 39 Devon St East on the hill (upstairs).

But the food, which is outstanding, is just a part of the service. The front men always welcome customers, chat at their tables, ask about their families and make them feel special.

Kathakali, named after a well-known dance-drama from Kerala, has had a food stall at Womad for the past two years, and wants to do more for Taranaki. "We have got to give back to the community," Sree says. "People are so kind to us, even though we are an upstairs restaurant."

They also have also opened another restaurant, Arranged Marriage, on the Square in Palmerston North.

Sree says the food is quite different to that found in most other Indian restaurants in New Zealand. "People have never seen these curries before or the dosas. In India, there are 29 different states and everywhere has their own flavours. We grow a lot of coconuts in Kerala – it's a tropical climate. We grow spices in that region too," he says, naming cardamom, black pepper, cinnamon and star anise.

So if you hear Virginia and co-host Alistair Ross waxing lyrical about Kathakali on air, you'll understand it comes from the heart.



Sree Nair

Beer and music at The Most FM

Beer and music go hand in glove and there is even some research to prove it according to [this article](#). The Most FM is always keen to support worthy community causes. For the last two years, the Bell Street studio has been the dropping point for brewers competing in the [Taranaki SOBA](#) Homebrew Competition.

The competition is unique in New Zealand as the competitors, using their own kit, brew all together on the same day and at the same location - Mike's. Then they take their wort away for fermentation and later the beer is collected at The Most FM by Mike's Brewery. This year, the brewers had to come up with a beer that had a Taranaki theme. Judgement Day will occur at the brewery on August 21 with professional judges, brewers and guest judges combining to decide which is the best homebrew in Taranaki.

There are limited spaces left for guest judges and free transport. See below.



Various members of the HOGS Brewery talk up their citrus IPA at The Most FM (above). They actually grated grapefruit into their mash!

Ron from Mike's Brewery (left) collects what looks like a strong contender, a kumara porter. Mike's Brewery is a big supporter of The Most FM and proud sponsor of the Friday Free For All Show, Friday's at 3pm with Richie.

Judgement Day will occur on August 21. There are limited spaces for guest judges and free return transport available. [Full details here.](#)

Grab yourself a Most FM t shirt

It's winter, so get your thermals and merinos out to wear under a Most FM T-shirt and promote our beloved station. And still on getting visible – if you can think of anywhere our

bumper stickers or fridge magnets would look good, come up and see us at 12 Bell St. You can buy T-shirts at the same time.



Get involved with The Most FM

Suggest a track, contact us to advertise or be a guest on one of our weekly shows.

Email: mostfm@mostfm.com



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